Stuck between the Crusher and the gardens of blis

Do I go up or down?

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“Your writing is both inspirational and motivating…”

Halima Sarki

Abuja Nigeria

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Introduction

In The Name of Allah, The Entirely Merciful The Especially Merciful

This is a book about temptations and how to overcome them to avoid The Crusher(i.e. Hell) and earn your place in the gardens of bliss(i.e.

Paradise/ Heaven)- by the will of Allah

I have purposely kept it short, for brief reading.

Text(Matn)

All praises be to Allah and salutations and peace be upon the Prophet Muhammad, His Family, His Companions and all those that follow him until the day of Judgement

To proceed

When temptations are calling you night and day; all you have to do is just let go(to righteousness) and literally(and metaphorically) fall into the deceitful glimmerings of sin.

On the other hand, you look up(metaphorically speaking), to a mountain who's peak you can not even see, due to its grandeur and height.

This is the dilemma every aspiring(positive) spiritualist faces at what I term as
“The vertical crossroads”

Unfortunately, not everyone eternally chooses the right direction

May Allah guide us all Ameen.

Turn back to Allah/ God at all times, and always choose te best choice at any given moment

i.e.

1. The best good out of 2 goods
2. The least evil out of 2 evils

However, how would you know what is the best choice at any one time.

This is now, the crux of the matter:

Turn back to Allah; Ask Him to guide you(always), to the truth, and to keep you upon the truth.

Seek assistance from The Creator(Allah), Al Wahid(The One and Only)

Laa ilaaha illallah

There is no Deity worthy of worship(in Truth) except Allah.

We must single Him out in His Lordship i.e. His being The Sustainer, The Creator, The Nourisher, The Originator of the heavens and the Earth etc.

We must single Him out(Alone) in worship, by directing all our worship towards Him(Allah)

We must single Him out in all His names and attributes.

So, to worship Allah, we must know Him, and to know Him, and get guided by Him, we must ask Him for His guidance and seek His assistance(alone), in order to worship Him(alone).

Only then would we be able to make the right decisions(by His will), and be given the strength and ability to choose the right path that

leads to Allah’s infinite Mercy and forgiveness.

May Allah guide us all Ameen

Bonus Chapter

Spiritual Levitation 1: The Other side of Abstemiousness

1. Face your fears, and pray to Allah always

2. You can never attain true success (i.e. in this world and the next life),

until you worship Allah correctly and seek His assistance continuously/ continually

3. If you choose a life of worshipping Allah in all that you do in your life, then(by His will), all that you desire will come to you submissively.

4. Every time you feel like giving up, turn back to Allah(whole heartedly)

5. Concentrate on bettering yourself. The general rule of thumb is that the better you are, the more

those around you get affected positively.

6. Keep on being patient, and never stop being patient, until your soul exists the collarbone.

7. In patience, there is wisdom from Allah. He is showing you that He is The One that controls everything

8. Modern day monks(and practitioners of abstemiousness) can sometimes be found in cities and towns.

9. The more you practice Zuhd(Orthodox Islamic Abstemiousness), the more your heart lets go of the world. Then the more the world clings on to you(metaphorically speaking)

FINAL PRAYER

All Praises abundant and plentiful belong to Allah, and peace be upon his final Messenger Muhammad, peace and blessings be upon him, his family, his companions and all of those that follow them till the day of Judgement.

FINAL WORD

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Bonus Chapter 1

3 types of souls

1. Mutma innah- Surah Fajr Verse 27(The break of day or The Dawn)

2. Lawwaamah- Chapter 75 Surah Qiyaamah(The Resurrection) Verse 2

3.Amru bissuw-

Hisnul Muslim- Qahtani

3 types of hearts

1. Qalbun Saliim(A sound heart)

2. Qalbun Mareedh(A sick heart)

Oh Allah give us a complete cure

that leaves no illness Ameen.

3. Qalbun Mayyit(A dead heart)

May Allah protect us from this

Ameen

Bonus Chapter 2

‘Uboodiyyah: Beyond Temporary Friendship

All praises be to Allah and

salutations and peace be upon the

Prophet Muhammad, His Family, His

Companions and all those that follow him until the day of Judgement

To proceed

1. If you don’t let go to worldly love, you’ll never know which relationship is meant to be permanent, and which was meant to be temporary; for the good of yourself.

Take the example of Prophet Ibrahim(upon him be peace and Salaam):

The important thing(wa Allahu A’laam/ and Allah knows best) is that Allah wanted Ibrahim(‘aleihimussalaatu wa salaam/ upon him be peace and Salaam) to sacrifice the love of his son from his own heart.

Like the story of the 2 sons of Adam; Allah wanted to see who would part from the dunia/worldly life from their hearts(wa Allahu A’laam/ and Allah knows best), by

giving their best possessions i.e. the crops

Allah is Assamad(He is in need of noone/nothing, but all are in need of him).

So the conclusion is that Allah wants us to go to Him with Qalbun Salim(a pure heart).

May Allah allow us to live and die with Qalbun saliim(a pure heart)

May Allah guide us all Ameen

Bonus Chapter 3

Spiritual Levitation 2: The Other Side of Abstemiousness/ Zuhd

All praises be to Allah and salutations and peace be upon the Prophet Muhammad, His Family, His Companions and all those that follow him until the day of Judgement

To proceed

1. Never let go of your(correct) religious principles

2. The enemies surrounding you(i.e. Shaitan/ satan and dunia/ the seeming glitter of the world) (and

within you, (i.e. your hawa/ desires and nafs/ your lower self) are always ready to launch attacks. Be vigilant(i.e. by supplicating to Allah always), be informed(i.e. seek knowledge) and be ready(for the ongoing spiritual battle/ warfare) and on guard(by beseeching Allah’s assistance, refuge and rescue)

3. Sometimes you have to let go of certain things, for a new chapter if your life to begin

4. Whatever is with Allah(by His protection)/ Everything that is with Allah(by His protection) is never lost

5. It is at that breaking point, when you literally(and metaphorically) feel that you are fast-approaching rock bottom(or anguish is about to set in); that is the time to supplicate for all the good that you wish for.

Then wait for the miracles that shall follow(only by the will of Allah)

6. Always ask for Allah’s bounties/ favours upon you(, whether you hear the cockerel crow or not)

Bonus Chapter 4

Introduction to Pre-destiny: The Sea Without a Shore

All praises be to Allah and

salutations and peace be upon the

Prophet Muhammad, His Family, His

Companions and all those that follow him until the day of Judgement

To proceed

4 Parts to the Qadar(Pre- destiny of Allah)

1. Al ‘Ilm(knowledge)

That Allah knows everything that was, everything that is(now), everything that is going to be/ that

will happen(in the future), and also things that **if they were to happen**, how they would happen.

2. Al Kitaabah(The writing)

That Allah instructed the pen to write all the things that will happen(till eternity- And Allah knows best), 50, 000 years before the creation of the Heavens and Earth.

3. Mashi a(Will)

That everything happens by the will of Allah.

That we also a will, but ultimately, it is still under the will of Allah.

‘Aml(Action/ Deeds)

That Allah created/ creates everything, including our actions.